





Presented by the PCIA

Overnight & Day Camp Information

Facilities Used:

The Piscataquis County Ice Arena

Foxcroft Academy: Dorms, Cafeteria, and the Jim Robinson Field House

*All facilities are within walking distance and all campers will move between each facility (only) with a chaperone.

The PCIA:

- Opened in the Fall of 2019, the PCIA is known for the quality of the ice and its family-friendly atmosphere
- Built by the generosity of the Libra Foundation

Foxcroft Academy:

Dorms:

- Two campers per room
- Camper to chaperone ratio not to exceed 8:1

Cafeteria:

- Breakfast, Lunch, and Dinner to be provided (please inform of any allergies)
- Additional snacks should be supplied by each, individual camper or parent/guardian

Jim Robinson Field House:

- Largest indoor turf field housed within an open-span steel building in Maine (opened 8/22)
- Located in between the PCIA and Foxcroft Academy

Sample Camp Schedules (Actual times TBD)

Overnight Camp Schedule:

hlife	Walsh Legacy Camps Overnight Camp Schedule	
Sunday		
Time	Location	Activity
2:00-2:30PM	PCIA	Check-In / Hockey Gear Drop-off
2:30-3:15PM	FA Dorms	Dorm Check-in
3:30-4:00PM	FA Cafeteria	Welcome Info Mtg (w/ parents/guardians)
4:15-5:15PM	Field House	Plyo/Yoga/Stretch/Nutrition
5:30-6:15PM	FA Cafeteria	Dinner
7:00-9:00PM	PCIA	Ice Session
10:00 PM	Dorms	Lights Out
Mon-Weds		
Time	Location	Activity
7:00 AM	Dorms	Wake-Up
7:15-8:00AM	FA Cafeteria	Breakfast
8:30-9:30PM	Field House	Dryland
10:15-11:45PM	PCIA	Ice Session
12:15-1:15PM	FA Cafeteria	Lunch & "Team Talk"
2:00-2:45PM	Field House	Plyo, Yoga, Stretch, Nutrition
3:30-5:00PM	PCIA	Ice Session
5:30-6:15PM	FA Cafeteria	Dinner
7:00-9:00PM	Field House / PCIA	Structured "Playtime"
10:00 PM	Dorms	Lights Out
Thursday		
Time	Location	Activity
7:00 AM	Dorms	Wake-Up
7:15-8:00AM	FA Cafeteria	Breakfast
8:30-9:30PM	Field House	Plyo, Yoga, Stretch, Nutrition
10:15-11:45PM	PCIA	Ice Session
12:15-1:15PM	FA Cafeteria	Lunch & "Team Talk"
2:00-3:30PM	PCIA	Ice Session
3:30-4:30PM	PCIA & Dorms	Locker & Dorm Room Clean-Out

Sample Day Camper Schedule (<u>Actual Times TBD</u>)

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Sunday		
Time	Location	Activity
2:30-3:15PM	PCIA	Check-In / Hockey Gear Drop-off
3:30-4:00PM	FA Cafeteria	Welcome Info Mtg (w/ parents/guardians)
4:15-5:15PM	Field House	Plyo/Yoga/Stretch/Nutrition
5:30-6:15PM	FA Cafeteria	Dinner
7:00-9:00PM	PCIA	Ice Session
9:00-9:30 PM	PCIA	Day Camper Pick-Up
Mon-Weds		
Time	Location	Activity
8:00-8:30	Field House	Day Camper Drop-off
8:30-9:30PM	Field House	Dryland
10:15-11:45PM	PCIA	Ice Session
12:15-1:15PM	FA Cafeteria	Lunch & "Team Talk"
2:00-2:45PM	Field House	Plyo, Yoga, Stretch, Nutrition
3:30-5:00PM	PCIA	Ice Session
5:00-5:30PM	PCIA	Day Camper Pick-Up
Thursday		
Time	Location	Activity
8:00-8:30AM	Field House	Day Camper Drop-off
8:30-9:30PM	Field House	Plyo, Yoga, Stretch, Nutrition
10:15-11:45PM	PCIA	Ice Session
12:15-1:15PM	FA Cafeteria	Lunch & "Team Talk"
2:00-3:30PM	PCIA	Ice Session
3:30-4:00PM	PCIA	Day Camper Pick-Up

Our Camp Staff:



"Tyler Walsh finished his fifth season as Assistant Coach of the Colby College Men's Ice Hockey Team. Over the five seasons, Colby has won the NESCAC Regular Season Championship (2022) and have played in back-to-back NESCAC Final Fours. Tyler has coached 5 All-NESCAC selections and 3 All-Americans selections over the last two seasons. Prior to Colby, Tyler was the Head Coach of North Yarmouth Academy for two seasons and was an Assistant Coach with the United States Development Program in Plymouth, Michigan where the team won a bronze medal at the IIHF Under-18 World Championships. 10 Players from that team have played in the NHL since. Tyler graduated from the University of Maine in 2013 and finished his M.B.A. from Thomas College this spring. Tyler is the grandson of the late Ron Mason who coached Michigan State University and is the 2nd winningest coach in NCAA history with 924 wins. He is also the son of the late Shawn Walsh who coached the University of Maine to two National Championships in 1993 and 1999."



Travis grew up playing his minor league hockey in Lansing Michigan. After playing In the USHL for 3 years he headed to Michigan State University where he was a two time assistant captain and awarded best defensemen twice by his teammates. His Junior he was awarded to the all big ten conference team and lead the NCAA in blocked shots. Following his four years at university Travis played 3 years in the ECHL and AHL. During that time he was elected an ECHL all star as a rookie and after his third season earned a contract to play overseas in Denmark. Injuries cut his career short but he continues to give back to the hockey community whenever he can alongside his brothers Tyler and Sean who are both coaches in the premier NESCAC NCAA D3 conference. Travis specializes in power skating and defensive development. "When I was 12 years old I couldn't skate very well and met a power skating coach (Ron Gay) who completely changed my trajectory as a hockey player. I look forward to helping more kids like me improve and have a chance to move on as far as they hope to in the hockey world". Travis now resides in Newburgh Maine with his wife Chelsea and 1 year old Daughter Marion.



Sean Walsh was named assistant coach for the Polar Bear men's ice hockey team in the summer of 2022. A native of Maine and graduate of Maine-Orono, Walsh will join former Black Bear Ben Guite in his first season behind the bench at Bowdoin in 2022-23. "It's with great excitement that we are adding Sean Walsh as our assistant coach," said head men's ice hockey coach Ben Guite. "I've experienced firsthand his dedication to the well-being of players, his tireless work ethic and high hockey acumen. Sean has a relentless drive, a passion for coaching and a charismatic personality that will make him a great recruiter and mentor for our players." Most recently Walsh was a member of the coaching staff at the University of New England, helping guide the Nor'easters to a record-setting season in 2021-22 and the program's first-ever Division III semifinal appearance. Prior to his year in Biddeford, Walsh was the assistant coach and then interim head coach of the Omaha Lancers of the USHL. Walsh got his start in coaching as an undergrad at the University of Maine, serving as video coordinator and statistical analyst for the Black Bears from 2017-21. He graduated from Cheverus High School in 2017 and earned a degree in Political Science from Maine in 2022. Walsh is part of legendary hockey family in the state. His father Shawn was the Head Coach at the University of Maine from 1994-2001, his brother Travis played at Michigan State University, and his brother Tyler currently coaches at Colby College.



TANYA QUIGLEY Tanya began her professional skating career at the age of 18 as a performer with the Ice Capades - East Coast Company. Tanya performed with the Ice Capades for 3 tours as a chorus skater as well as a principal understudy. Tanya has over 25 years of teaching experience as a skating instructor for figure skaters and hockey players. Her passion for skating led her into teaching figure skaters and hockey players and helping students reach their full potential in their skating skills and goals. Tanya's focus is in the details of showing and teaching the correct technical skating foundation to create proper muscle memory in the player. Through Tanya's teaching technique on edging and correct skating skills, the skater becomes faster, agile, powerful and confident. She works with skaters from age 2 up through class A & B Highschool teams, junior hockey and college players. Tanya also has worked with several youth hockey associations & players from Tier 4 through Elite level in New England. She has been a part of the Blue Chip Selects in RI for several years. Tanya is widely regarded as one of the best power skating instructors in New England.

Overnight Campers should bring:

Clothes: Sneakers, Shorts, Slides/Sandals, Extra Skate Socks

Bedding/Pillows/Sleeping bag

Toiletries: Soap, Shampoo, Deodorant, Toothbrush/Toothpaste, Powder

Towel(s)

Healthy Snacks/Drinks

Cooler

Water Bottle(s)

Alarm

Fan

What the hHiPE Team needs for Info about Your Player

Campers Emergency Contacts:

Primary Contact(s): The first person we should reach out to and by which methods.

Secondary Contact(s): If the primary contact is not available, the next person to reach out to.

Medical information:

Medical Conditions including: Allergies & Allergies to Medications

Dietary Restrictions/Needs

Insurance Information including: Insurance Company, Primary on policy, Policy & ID (or Group) #'s

Dismissal from Camp

Behavior

Any camper who poses a danger to themselves or others will be asked to leave camp. Additionally, any camper who creates an unsafe environment and interferes with the enjoyment of camp for others will also be asked to leave. Physical violence is grounds for immediate dismissal. In these situations, no refund will be issued.

Illegal Drugs, Marijuana, Alcohol, Tobacco, Electronic Cigarettes, Electronic Devices and Fireworks

Camper use of illegal drugs, marijuana, alcohol, tobacco, electronic cigarettes, electronic devices and/or fireworks of any kind is strictly prohibited and grounds for immediate dismissal without a refund.